

# **HEALTHCARE PRODUCTS 2014**



Digital Blood Pressure Monitor

Digital Thermometer

Digital Pedometer

Nebulizer

#### **Leading Technology for Humanity**

Determined to develop as a corporation

that offers new value for everyone everywhere through high-quality products and services . . .

. . . Citizen Systems is reinventing itself.

"Leading Technology for Humanity"

— Our corporate slogan expresses the aspirations of every Citizen Systems employee, each of whom is striving to realize a shared ideal. We have superior miniaturization and refinement technologies cultivated by members of the Citizen Group.

We have a desire to design products that are easy for anyone to use.

And we have the skills required to pursue quality at every turn,
combined with an unswerving commitment to manufacturing.

We draw on these strengths to manufacture more advanced products for
a wide range of fields, including health information management,
information/entertainment and business information equipment.

Our aim is to achieve advances in convenience,
enabling people to lead more abundant and comfortable lives anytime and anywhere
— and to disseminate people-friendly technologies and services

"Leading Technology for Humanity"

— We continue to take up new challenges with an eye on our customers and with these words in mind.

that help individuals lead healthier, more fulfilling lives.

# Connecting personal health data with doctors We have introduced evolutionary advanced healthcare systems.

Lifestyle related diseases that typically show no external symptoms and often lead to further complications, such as heart failure and stroke, have been on the rise.

Therefore, it is crucial to undergo periodic health examinations at medical institutions as well as carryout daily health checks at home, as this increases the possibility of an early diagnosis.

To facilitate the latter and to support a healthy lifestyle, Citizen Systems supplies topnotch user-friendly healthcare products, such as digital blood pressure monitors and thermometers.







Digital Blood Pressure Monitor <sup>2</sup>

**Digital Thermometer** 

**Digital Pedometer** 

Nebulizer

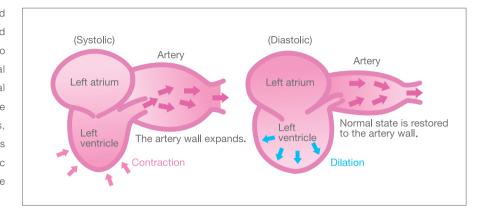
**Model Index** 

CITIZEN SYSTEMS JAPAN CO., LTD.

#### What is blood pressure?

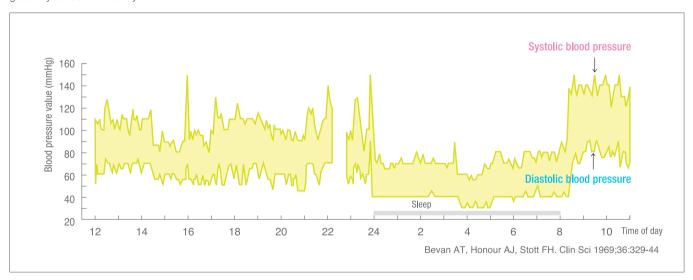
DIGITAL BLOOD PRESSURE MONITOR

The heart is a pump that circulates blood throughout your body. Blood is pumped from the heart at a constant pressure into arteries. This pressure is called the arterial blood pressure and represents, in general terms, your blood pressure. Blood pressure is indicated by several kinds of pressures, including the systolic pressure that occurs when the heart pumps blood and the diastolic pressure that occurs when blood returns to the heart.



#### Your blood pressure changes all the time.

Your blood pressure differs according to your age, gender and a range of other factors. It is likely to be affected by your biorythm during the day and by your posture, physical activities, mental activities, level of stress and even by the air temperature. The blood pressure of a healthy person generally varies within a day.

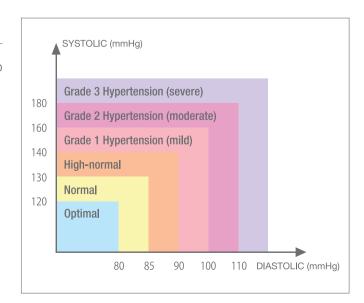


#### **Blood pressure classifications**

The figure right shows the blood pressure classifications under the WHO standards.

( Taking measurements while sitting in the hospital )

[ WHO / ISH : 1999 ]



#### Function mark explanation

#### Measurement Method Measurement Point

Main

Features







Soft cuff

Hard cuff







Stored memory number

Memory

Average Memory

Memory

Function



2 person

memory zone

Last 3 readings average





Hypertension

















Time &





measuring

Semi auto measuring







storage

50 Large cuff



**Battery Life** 









Battery life





Carring case

#### How to operate

CHU503、CH-456、CH-453、CH-452



Wrap the Cuff around your arm and make sure the blue marker is located in the center of your



Place your arm on a table with your palm opened and relaxed. Press the START/STOP switch to start measurement.



The blood pressure generally varies in a day. Preferably, you should measure your blood pressure at the same time each day wherever possible.





### **Limited Edition**



#### CH-453

Irregular heart beat indicator Body movement indicator 90 memory Average of last 3 readings Easy to read LCD display Automatic power off Simultaneous blood pressure and pulse reading Large cuff is optional



#### CH-452

90 memory
Average of last 3 readings
Easy to read LCD display
Automatic power off
Large cuff is optional



#### CH-657

Irregular heartbeat indicator Body movement indicator 90 memory Average of last 3 readings

Easy to read LCD display

Automatic power off
Handy and slim design
With compact storage case
Simultaneous blood pressure
and pulse reading



#### CH-650

Irregular heartbeat indicator Body movement indicator 60 memory Average of last 3 readings Easy to read LCD display Automatic power off With storage case Simultaneous blood pressure and pulse reading

#### Upper arm/ Full automatic



DIGITAL BLOOD PRESSURE MONITOR



#### **CHU503**



Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min

Pressure: ±3 mmHg Accuracy Pulse : ±5 %

AA size×4 Power source

Optional AC/DC adapter ( DC 6V, 0.6A ) Battery life Manganese battery : Approx. 150 times

Alkaline battery : Approx. 500 times DC6V---3W (---: Direct Current) Rated voltage

W145×H76×D96 mm Outside dimensions

Unit : Approx. 290g ( without batteries ) Weight

Cuff: Approx. 130g

■ Hypertension indicator

■ Irregular heartbeat indicator

■ Body movement indicator

■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ Simultaneous blood pressure and pulse reading

■ Time and date

Large cuff is optional

■ AC adapter is optional (AC-230CZ)





#### CH-453 CH-453-AC

Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min

Pressure: ±3 mmHg Accuracy Pulse : ±5 %

Power source AA size×4

Optional AC/DC adapter ( DC 6V, 0.6A ) Battery life Manganese battery : Approx. 300 times

Alkaline battery : Approx. 1.000 times DC6V --- 3W ( --- : Direct Current ) Rated voltage

W130×H53×D118 mm Outside dimensions

Unit : Approx. 240g ( without batteries ) Weight

Cuff: Approx. 130g

■ Irregular heartbeat indicator

■ Body movement indicator

■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ Simultaneous blood pressure and pulse reading

Large cuff is optional

CH-453-AC

■ AC adapter is optional (AC-230CZ)



#### CH-456



Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min Accuracy Pressure: ±3 mmHg Pulse : ±5 % Optional AC/DC adapter ( DC 6V, 0.6A )

Manganese battery : Approx. 150 times Battery life Alkaline battery : Approx. 500 times Rated voltage DC6V--3W ( --- : Direct Current ) Outside dimensions W105×H166×D122 mm

Unit: Approx. 390g (without batteries) Weight

Cuff: Approx. 130g

■ Irregular heartbeat indicator

■ Body movement indicator

■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Cuff storage holder

Automatic power off ■ Simultaneous blood pressure and pulse reading

■ Time and date

Large cuff is optional

AC adapter is optional (AC-230CZ)





#### **C** ← CH-452 CH-452-AC

Measurement system Oscillometric method Measurement range

Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min Accuracy Pressure: ±3 mmHg

Pulse : ±5 %

AA size×4

Optional AC/DC adapter ( DC 6V, 0.6A ) Manganese battery : Approx. 300 times Battery life Alkaline battery : Approx. 1,000 times DC6V --- 3W ( --- : Direct Current )

W129×H55×D119 mm Outside dimensions

Unit: Approx. 240g (without batteries) Weight

Cuff: Approx. 130g

■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

Large cuff is optional

CH-452-AC

■ AC adapter is optional (AC-230CZ)













































120

80





#### Upper arm/ Semi automatic

## **CE**

#### CH-311B



Pulse :  $\pm 5 \%$ Power source AAA size×2

Battery life Manganese battery : Approx. 700 times DC3V -- 0.1W ( -- : Direct Current ) Rated voltage W66.5×H44.5×D161.5 mm Outside dimensions

Unit: Approx. 110g (without batteries) Weight

Cuff: Approx. 130g

■ Memory recall function

One handed operation

■ Easy to read LCD display

Automatic power off

■ Simultaneous blood pressure and pulse reading





#### CH-308B



Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 200 pulse/min Accuracy Pressure: ±3 mmHg Pulse : ±5 % AA size×4

Battery life Manganese battery: Approx. 1,000 times DC6V -- 0.1W ( -- : Direct Current ) Rated voltage

W123×H44×D95 mm Outside dimensions

Unit: Approx. 120g (without batteries)

Cuff: Approx. 130g

Pumping bulb unit : Approx. 40g

■ Memory recall function

Large button

■ Automatic power off

#### Wrist/Full automatic -

Only available in select markets.

#### CH-453



Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min

Accuracy Pressure: ±3 mmHg Pulse : ±5 %

Power source AA size×4

Optional AC/DC adapter ( DC 6V, 0.6A ) Battery life Manganese battery : Approx. 300 times Alkaline battery : Approx. 1,000 times

Rated voltage DC6V --- 3W ( --- : Direct Current ) W130×H53×D118 mm Outside dimensions

Weight Unit: Approx. 240g (without batteries)

Cuff: Approx. 130g

■ Irregular heartbeat indicator

■ Body movement indicator

■ 90 memory

■ Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ Simultaneous blood pressure and pulse reading

■ Large cuff is optional





Only available in select markets.







Measurement system Oscillometric method Measurement range Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min Accuracy Pressure:  $\pm 3 \text{ mmHg}$ Pulse : ±5 %

Power source AA size×4

Optional AC/DC adapter ( DC 6V, 0.6A )

Manganese battery : Approx. 300 times Battery life Alkaline battery : Approx. 1,000 times Rated voltage DC6V -- 3W ( -- : Direct Current )

Outside dimensions W129×H55×D119 mm

Unit : Approx. 240g ( without batteries ) Weight

Cuff: Approx. 130g

■ 90 memory

■ Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ Large cuff is optional













#### Wrist/Full automatic -

DIGITAL BLOOD PRESSURE MONITOR

Only available in select markets.





















Measurement system Oscillometric method Pressure: 0 - 280 mmHq Measurement range Pulse: 40 - 180 pulse/min Pressure:  $\pm 3 \text{ mmHg}$ Pulse : ±5 %

AAA size×2 Power source

Alkaline battery : Approx. 400 times Battery life Rated voltage DC3V --- 3W ( --- : Direct Current ) W69×H70×D15 mm Approx. 86g ( without batteries ) Weight

■ Irregular heartbeat indicator ■ Body movement indicator

■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

Handy and slim design ■ With compact storage case

■ Simultaneous blood pressure and pulse reading







Only available in select markets.















Measurement system Oscillometric method

Measurement range

Accuracy Pressure:  $\pm 3 \text{ mmHg}$ Pulse : ±5 %

Battery life Alkaline battery: Approx. 400 times DC3V --- 3W ( --- : Direct Current ) Rated voltage W65×H74×D29 mm Outside dimensions

Approx. 103g (without batteries)

■ Irregular heartbeat indicator

■ Body movement indicator

With storage case

■ Simultaneous blood pressure and pulse reading





#### CH-618

Measurement system Oscillometric method Pressure: 0 - 300 mmHg Measurement range Pulse : 40 - 280 pulse/min Accuracy Pressure: ±3 mmHg

Pulse : ±5 %

Power source AAA size×2 Battery life

Alkaline battery : Approx. 250 times DC3V --- 3W ( --- : Direct Current ) Rated voltage Outside dimensions W70×H72×D29.5 mm

Approx. 127g ( without batteries )

■ 2-person memory zone (60 memories each)

■ Simultaneous blood pressure and pulse reading

Average of last 3 readings ■ Time and date



















#### CH-657

Measurement system Oscillometric method Pressure: 0 - 280 mmHg Measurement range Pulse : 40 - 180 pulse/min Accuracy Pressure:  $\pm 3 \text{ mmHg}$ 

Pulse : ±5 %

AAA size×2 Power source Battery life

Alkaline battery : Approx. 400 times Rated voltage DC3V --- 3W ( --- : Direct Current ) Outside dimensions W69×H70×D15 mm

Approx. 86g ( without batteries ) Weight

■ Irregular heartbeat indicator

■ Body movement indicator ■ 90 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ Handy and slim design

■ With compact storage case

■ Simultaneous blood pressure and pulse reading







Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min

AAA size×2

Power source

■ 60 memory

■ Average of last 3 readings

■ Easy to read LCD display Automatic power off



















#### CH-650

Accuracy

Measurement system Oscillometric method Measurement range

Pressure: 0 - 280 mmHg Pulse : 40 - 180 pulse/min Pressure: ±3 mmHg

Pulse : ±5 % AAA size×2 Power source Battery life Alkaline battery: Approx. 400 times

Rated voltage DC3V --- 3W ( --- : Direct Current )

W65×H74×D29 mm Outside dimensions Approx. 103g (without batteries)

■ Irregular heartbeat indicator

■ Body movement indicator

■ 60 memory

Average of last 3 readings

■ Easy to read LCD display

Automatic power off

■ With storage case ■ Simultaneous blood pressure and pulse reading



























#### CH-617

Measurement system Oscillometric method Pressure: 0 - 300 mmHg Measurement range Pulse : 40 - 280 pulse/min Accuracy Pressure: ±3 mmHg Pulse : ±5 %

AAA size×2 Power source Alkaline battery : Approx. 250 times Battery life Rated voltage DC3V == 3W ( == : Direct Current ) Outside dimensions W72×H72×D29.5 mm

Approx. 121g (without batteries)

Weight

■ 99 memory ■ Simultaneous blood pressure and pulse reading

■ Average of last 3 readings

■ Time and date

Automatic power off

■ With storage case



#### Upper arm / Full automatic

DIGITAL BLOOD PRESSURE MONITOR

MODEL

Memory

Average

Power source

Silent

Outside dimensions

Cuff ( 22.0 - 32.0cm )

Weight ( without batteries )

Irregular heartbeat indicator
Body movement indicator
Hypertension indicator
Display simultaneously
Auto measuring
Auto power off
Time & Date
Battery life



CHU503

 $145 \times 76 \times 96 \text{ mm}$  Unit: Approx. 290 g

Cuff: Approx. 130 g

Soft cuff

90 memory Last 3 readings

500 times

AA size  $\times$  4





CH-456	CH-453	
$105 \times 166 \times 122 \text{ mm}$	$130 \times 53 \times 118 \text{ mm}$	
Unit: Approx. 390 g Cuff: Approx. 130 g	Unit: Approx. 240 g Cuff: Approx. 130 g	
Soft cuff	Soft cuff	
90 memory	90 memory	
Last 3 readings	Last 3 readings	
•	•	
•	•	
_	_	
•	•	
•	•	
•	•	
•	_	
500 times	1,000 times	
AA size $ imes$ 4	AA size $ imes$ 4	
•	•	
•	White model only	
•	•	
P.6	P.7/P.9	

Option ( Large cuff:32.0 - 42.0cm<sup>X</sup> )

Option ( AC/DC adapter )

#### Wrist / Full automatic









MODEL	CH-657	CH-650	
Outside dimensions	$69 \times 70 \times 15 \text{ mm}$	65  imes 74  imes 29 mm	
Weight ( without batteries )	Approx. 86 g	Approx. 103 g	
Cuff ( 13.5 - 21.5cm )	Soft cuff	Hard cuff	
Memory	90 memory	60 memory	
Average	Last 3 readings	Last 3 readings	
Irregular heartbeat indicator	•	•	
Body movement indicator	•	•	
Display simultaneously	•	•	
Auto measuring	•	•	
Auto power off	•	•	
Time & Date	_	_	
Battery life	400 times	400 times	
Power source	AAA size $ imes$ 2	AAA size $ imes$ 2	
Case	•	•	
Page	P.10/P.11	P.10/P.11	

#### Upper arm / Semi automatic







MODEL	CH-452	CH-311B	CH-308B
Outside dimensions	129 $ imes$ 55 $ imes$ 119 mm	66.5 × 44.5 × 161.5 mm	123 $ imes$ 44 $ imes$ 95 mm
Weight ( without batteries )	Unit: Approx. 240 g Cuff: Approx. 130 g	Unit: Approx. 110 g Cuff: Approx. 130 g	Unit: Approx. 120 g Cuff: Approx. 130 g Pumping bulb: Approx. 40 g
Cuff ( 22.0 - 32.0cm )	Soft cuff	Soft cuff	Soft cuff
Memory	90 memory	Memory recall	Memory recall
Average	Last 3 readings	_	_
Irregular heartbeat indicator	_	_	_
Body movement indicator	_	_	_
Hypertension indicator	_	_	_
Display simultaneously	_	•	_
Auto measuring	•	_	_
Auto power off	•	•	•
Time & Date	_	_	_
Battery life	1,000 times	700 times	1,000 times
Power source	AA size $ imes$ 4	AAA size $ imes$ 2	AA size $ imes$ 4
Option (Large cuff:32.0 - 42.0cm <sup>X</sup> )	•	_	_
Option ( AC/DC adapter )	White model only	_	_
Silent	•	_	_
Page	P.7/P.9	P.8	P.8





MODEL	CH-618	CH-617
Outside dimensions	$70 \times 72 \times 29.5 \text{ mm}$	$70 \times 72 \times 29.5 \text{ mm}$
Weight ( without batteries )	Approx. 127 g	Approx. 121 g
Cuff ( 13.5 - 21.5cm )	Hard cuff	Hard cuff
Memory	2  imes 60 memory	99 memory
Average	Last 3 readings	Last 3 readings
Irregular heartbeat indicator	_	_
Body movement indicator	_	_
Display simultaneously	•	•
Auto measuring	•	•
Auto power off	•	•
Time & Date	•	•
Battery life	250 times	250 times
Power source	AAA size $ imes$ 2	AAA size $ imes$ 2
Case	•	•
Page	P.10	P.11

X: The large cuff is available in gray only.

DIGITAL THERMOMETOR





35.8°c

36.8°

36.8°

#### CTA301

#### CELSIUS(°C) • FAHRENHEIT(°F)

Measurement range Accuracy

Display

Weight

Measurement method Temperature peak hold thermometer 32.0 °C - 42.9 °C (90.0 °F - 109.9 °F) Celsius :  $\pm 0.1 \,^{\circ}\text{C} \, (35.5 - 42.0 \,^{\circ}\text{C})$ Fahrenheit:  $\pm 0.2 \, ^{\circ} F \, (\, 95.9 \, - \, 107.6 \, ^{\circ} F)$ 3 digits with decimal point, °C, °F, battery weak mark and memory mark

Battery Battery life Outside dimensions

DC1.5V (Micro Alkaline Battery: LR41×1) Approx. 2 years (If used 10 minutes a day) Approx. W19×L126.7×D11.2 mm Approx. 9.7g (including battery)

- C / F switching
- General purpose use
- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off









Display

#### CELSIUS(°C) • FAHRENHEIT(°F)

Measurement range Accuracy

Battery Battery life Outside dimensions Weight

Measurement method Temperature peak hold thermometer 32.0 °C - 42.9 °C (90.0 °F - 109.9 °F) Celsius:  $\pm 0.1 \,^{\circ}\text{C} \, (35.5 - 42.0 \,^{\circ}\text{C})$ Fahrenheit :  $\pm 0.2 \, ^{\circ} F$  ( 95.9 - 107.6  $^{\circ} F$ ) 3 digits with decimal point, °C, °F, battery weak mark and memory mark DC1.5V (Micro Alkaline Battery: LR41×1) Approx. 2 years (If used 10 minutes a day) Approx. W19×L126.7×D11.2 mm Approx. 9.7g (including battery)

- C/°F switching
- General purpose use
- Water resistant & fully washable
- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off







#### CTA303

Display

Battery

Weight

Battery life

#### CELSIUS(°C) • FAHRENHEIT(°F)

Measurement range Accuracy

Outside dimensions

Measurement method Temperature peak hold thermometer 32.0 °C - 42.9 °C (90.0 °F - 109.9 °F) Celsius :  $\pm 0.1 \,^{\circ}\text{C} \, (35.5 - 42.0 \,^{\circ}\text{C})$ Fahrenheit:  $\pm 0.2$  °F (95.9 - 107.6 °F) 3 digits with decimal point, °C, °F, battery weak mark and memory mark DC1.5V (Micro Alkaline Battery: LR41×1) Approx. 2 years (If used 10 minutes a day) Approx. W19×L126.7×D11.2 mm Approx. 10.2g (including battery)

- C/°F switching
- General purpose use
- Water resistant & fully washable
- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off
- Antibacterial Thermometer











#### CT461C

Display

CITIZEN

Measurement method Temperature peak hold thermometer

Measurement range 32.0 °C - 44.0 °C

Accuracy Celsius: ±0.1 °C

3 digits with decimal point, °C, battery weak mark and memory mark

Battery DC1.5V (Micro Alkaline Battery: LR41×1) Battery life Approx. 1.5 years (If used 10 minutes a day) Outside dimensions Approx. W18.2×L130.8×D11.6 mm Approx. 11.2g (including battery) Weiaht

■ General purpose use

- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off

#### CT561C

Weight

Measurement range Accuracy

Measurement method Temperature peak hold thermometer

32.0 °C - 44.0 °C Celsius :  $\pm 0.1\,^{\circ}\text{C}$ Display

3 digits with decimal point, °C,

battery weak mark and memory mark Battery DC1.5V (Micro Alkaline Battery: LR41×1) Battery life Approx. 1.5 years (If used 10 minutes a day) Outside dimensions

Approx. W18.2×L130.8×D11.6 mm Approx. 11.2g (including battery)

- General purpose use
- Water resistant & fully washable
- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off



35.70



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#### **CT513W**



Measurement method Temperature peak hold thermometer Measurement range 32.0 °C - 42.0 °C

±0.1 °C (35.5 - 42.0 °C) Accuracy 3 digits with decimal point, °C, Display

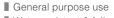
battery weak mark and memory mark "M" DC1.5V (Micro Alkaline Battery: LR41×1) Battery

Battery life Approx. 3 years

( If used 3 times a day, for 10 minutes each time )

Outside dimensions Approx. W17×L129×D8 mm Weight

Approx. 10g (including battery)



- Water resistant & fully washable
- Auto memory recall of last reading
- Buzzer notice
- 3 digits display
- Auto power off
- Antibacterial Thermometer











# DIGITAL THERMOMETOR

#### **Digital Thermometer**

#### Ear type



DIGITAL THERMOMETOR



#### CTD504 CELSIUS(°C) • FAHRENHEIT(°F)

Measurement range Accuracy

34.0 °C - 43.0 °C(93.2 °F - 109.4 °F) Celsius: ±0.2 °C(35.5 - 42.0 °C)

Fahrenheit: ±0.4 °F(95.9 - 107.6 °F) Other range:  $\pm 0.3 \,^{\circ}\text{C} (\pm 0.5 \,^{\circ}\text{F})$ 

Display 3digit with decimal point, °C, °F, Low Battery Symbol mark,

Too High Ambient Temperature mark, Too Low Ambient Temperature mark, Ready to Use Symbol mark,

Memory Mode Symbol mark. DC3V (Lithuim Battery: CR2032×1) Battery

Battery life 1,500 times

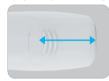
Approx. W39×L120×D52 mm Outside dimensions Approx. 68.6g (including battery)

■ Antibacterial Ear Thermometer

- No need to use probe cover
- 1 3 second measurment
- 12 memory
- C/°F switching
- Auto power off











Measurement result with this unit may be different from a result by other type of thermometers due to a different **CAUTION** measuring place.









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#### **Basics of Ear Thermometers**

#### How the ear thermometer works

Every object radiates heat. The CTD504 has an infrared For accurate measurements, it is important sensor built into the probe. It detects heat radiated from the — to straighten the ear canal and direct the tip eardrum and its surroundings to measure body temperature. of the probe straight toward the eardrum.

#### **Performing proper measurements**



#### Function mark explanation

#### Celsius/ Fahrenheit





Conversion

Measurement Method Measurement

Point



Earlobe measuring

Main Features and Specifications





Water

resistant



Anti bacterial material

Memory and Notification

Battery type **Battery Life** (Approximate Value)



Display

















Accessories



Battery life



Case

#### Digital Thermometer



















MODEL	CTA301	CTA302	CTA303	CT461C	CT561C	CT513W	CTD504
Unit size ( Approx. )	19 × 126.7 × 11.2 mm	19 × 126.7 × 11.2 mm	19 × 126.7 × 11.2 mm	18.2 × 130.8 × 11.6 mm	18.2 × 130.8 × 11.6 mm	17 × 129 × 8 mm	39 × 120 × 52 mm
Weight (including battery)	Approx. 9.7 g	Approx. 9.7 g	Approx. 10.2 g	Approx. 11.2 g	Approx. 11.2 g	Approx. 10 g	Approx. 68.6 g
Display	3 digits	3 digits	3 digits	3 digits	3 digits	3 digits	3 digits
Anti bacterial	_	_	•	_	_	•	•
Water resistant	_	•	•	_	•	•	_
Buzzer	•	•	•	•	•	•	•
Auto power off	•	•	•	•	•	•	•
Memory	Memory recall	Memory recall	Memory recall	Memory recall	Memory recall	Memory recall	12 memory
Battery life	2 years	2 years	2 years	1.5 years	1.5 years	3 years	1,500 times
Power source	LR41 × 1	LR41 × 1	LR41 × 1	LR41 × 1	LR41 × 1	LR41 × 1	CR2032 × 1

DIGITAL PEDOMETER

18

# Actual Size

#### TW610 (US model)

Step detection system 3-D acceleration sensor LCD

Display contents Date and time 24-hour system

Step maximum 999999 steps Calorie consumption Maximum 99999.9kcal

Amount of burnt fat Maximum 9999.9a Walking distance Maximum 999.99 miles Walking time Maximum 99999 minutes Average of walking speed Maximum 99.99 mile/hr

Exercise Maximum 99.9Ex

Target attainment lever 0 to 8 (on a scale of 9)

Memory 14-day

Type CR2032×1 Power source

Battery life Approx. 6 months (when walking approx. 10000

steps on average per day) Approx. W73×H31×D10 mm

Outside dimensions

Weight Approx. 25a

■ Thin-type pedometer

■ 3-D acceleration sensor

■ Indication of amount of exercise

Accumulated data for 7-day period

■ Memory for 14 days

■ Drip-proof construction

■ Function for preventing measuring errors when walking

■ Power saving mode

Colors available: red or black

#### TW310 (US model) Step detection system

3-D acceleration sensor LCD Display contents Step maximum 99999 steps

Memory 1-day Type CR2032×1 Power source

Approx. 1year (when walking approximately 10000 Battery life

steps on average per day)

Outside dimensions Approx. W65×H33×D12 mm Weight

Approx. 18a





#### Actual Size

■ Thin-type pedometer

■ 3-D acceleration sensor

Automatic power off

■ Function for preventing measuring errors when walking

■ Power saving mode

Colors available: red or white

#### What is an amount of exercise?

Amount of exercise (Ex) refers to the unit indicating the amount of physical activity.

To prevent lifestyle diseases, you are recommended to actively engage in a minimum of 23 Ex physical activities ( exercise and daily activities ) a week.

It is also recommended that you check with the guideline by the health authority in your area.

#### Amount of exercise (Ex)

= Intensity of physical activities ( METs ) × Time ( hr )

Intensity of physical activities ( METs ) multiplied by duration ( hr ) of physical activity makes an amount of excercise ( Ex ) .

#### **METs**

= Metabolic Equivalents, the unit of intensity of physical activities

The unit for expressing the "intensity of physical activities" by the multiplication equivalent to the counterpart during rest.

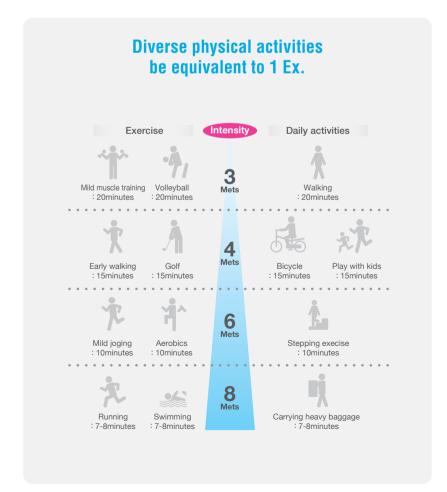
Normal walking is equivalent to 3 METs.

This product indicates the amount of exercise (Ex) by the number of steps.

Reference)

Normal walking (3 METs) × 1 hour = 3 Ex

Fast walking ( 4 METs )  $\times$  1 hour = 4 Ex







**€** 0434

#### CUN60-CE **CUN60-120V**

AC220-240V, 50/60Hz Power AC100V, 50/60Hz Power consumption Approx. 10W 2.5 MHz Ultrasonic Frequency

3-speed adjustable Nebulization rate Particle size 5µm MMAD Medication cup capacity Max. 8ml Auto shut-off timer Approx. 10min W88×H143×D53 mm Dimensions Approx. 350g Weight

(including rechargeable battery-pack) Accessories Nose piece, Mouth nozzle, Extension tube,

Adult & child masks, AC adapter,

Medication cup (5 pcs.) and Soft carrying case

Handy design

with built-in detachable rechargeable battery pack, compact and light-weight

Easy to use

uses water as ultrasonic conducting medium, no gel is required

■ Silent operation

thanks to the ultrasonic vibration technology

■ 3-speed nebulization rate control

provides optimal treatment for different density

Built-in timer

automatically shuts off after 10 minutes use

#### **Model Index**

#### Digital Blood Pressure Monitor/Option

		Gift Bo	ox Size		N	Naster Carto	n		
Model No.	Dimension(L×W×Hmm)			Weight (g)	Packed Q'TY	М3	Kg	Jan Code	Page
CHU503	110	165	120	687	20	0.060	14.9	4580193651334	6
CH-456	130	112	185	788	20	0.073	17.0	4580193650900	6
CH-453	165	130	90	607	20	0.050	13.7	4580193650634	7
CH-453-AC	165	130	90	607	20	0.050	13.7	4580193650801	7
CH-453 BLACK	165	130	90	607	10	0.027	7.1	4580193651297	9
CH-452	165	130	90	601	20	0.050	13.0	4580193650603	7
CH-452-AC	165	130	90	601	20	0.050	13.0	4580193650795	7
CH-452 BLACK	165	130	90	601	10	0.027	7.1	4580193651280	9
CH-311B	185	115	95	468	20	0.050	11.5	4562195130079	8
CH-308B	180	140	88	490	10	0.029	6.6	4966006708028	8
CH-657	94	54	133	276	40	0.038	12.0	4580193650627	11
CH-657 BLACK	94	54	133	276	20	0.020	6.4	4580193651310	10
CH-650	98	91	135	302	40	0.063	13.2	4580193650702	11
CH-650 BLACK	98	91	135	302	20	0.035	8.0	4580193651303	10
CH-618	104	90	110	312	20	0.030	6.9	4580193650887	10
CH-617	104	90	110	305	20	0.030	6.7	4580193650870	11
AC-230CZ	51	89	80	95	50	0.028	5.3	4580193650924	-

#### Digital Thermometer -

		Gift Bo	x Size		IV	laster Carto	n		Page
Model No.	Dime	nsion(L×W×I	Hmm)	Weight (g)	Packed Q'TY	M3	Kg	Jan Code	
CTA301	40	170	20	24	200	0.044	6.6	4580193651259	14
CTA302	40	170	20	24	200	0.044	6.6	4580193651266	14
CTA303	40	170	20	25	200	0.044	6.7	4580193651273	14
CT461C	40	150	17	44	200	0.042	10.7	4966006627886	15
CT561C	40	150	17	44	200	0.042	10.7	4966006627909	15
CT513W	42	184	19	43	200	0.043	10.7	4966006627602	15
CTD504	88	62	158	228	40	0.044	9.8	4580193651242	16

#### **Digital Pedometer**

		Gift Bo	x Size		IV	laster Carto	n	Jan Code	
Model No.	Dime	nsion(L×W×I	Hmm)	Weight (g)	Packed Q'TY	М3	Kg		Page
TW610 (US model)	77	140	20	72	144	0.061	13.1	_	18
TW310 (US model)	77	140	20	50	144	0.061	10.0	_	18

#### Nebulizer-

			Gift Bo	ox Size		l N	laster Carto	n			
	Model No.	Dime	nsion(L×W×I		Weight (g)	Packed Q'TY	М3	Kg	Jan Code	Page	
-	CUN60-CE	175	175	120	1300	10	0.046	13.6	4966006689211	20	
	CUN60-120V	175	175	120	1250	10	0.046	13.1	4966006708158	20	

MODEL INDEX



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6-1-12,TANASHI-CHO,NISHI-TOKYO-SHI,TOKYO 188-8511,JAPAN Tel.(81)-424-68-4988 Fax.(81)-424-68-4996 http://www.citizen-systems.co.jp e-mail: sales-oe@systems.citizen.co.jp CITIZEN is a registered trade mark of Citizen Holdings Co., Japan. CITIZEN es una marca registrada de Citizen Holdings Co., Japón. All specifications are subject to change without prior notice.

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