

## SYMBOL EXPLANATION

 Warning indicates a potentially hazardous situation which it may result in death or serious injury.

 Caution indicates a potentially hazardous situation which it may result in injury or property damage.

 Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist and check with your local authority or retailer for recycling advice.

 Manufacturer **EC REP** European representative

 The CE marking indicates the conformity of the product with the Union legislation applying to the product and providing for CE marking.

## SPECIFICATIONS

Model Name	Large Cuff (SCL-005)	
Measurement localization	Upper arm	
Applicable blood pressure monitor model	CH-452, CH-453, CH-456, CHU503, CHU306, CHUG330	
Cuff circumference range	32–42 cm (12-1/2"–16-1/2")	
Dimensions	610 (W) x 165 (D) mm	
Weight	Approx. 175 g	
Cuff's Life	Approx. 2000 times	
Operating environment	Temperature	10–40°C
	Humidity	15–85%RH
Storage and Transportation environment	Temperature	–20–+60°C
	Humidity	10–95%RH



### CITIZEN SYSTEMS JAPAN CO., LTD.

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### Importer

CITIZEN SYSTEMS EUROPE  
Otto-Hirsch-Brücken 17 70329 Stuttgart, Germany

- CITIZEN is a registered trademark of Citizen Watch Co., Ltd. Japan.
- Design and specifications are subject to change without notice.



### EMERGO EUROPE

Prinsessegracht 20, 2514 AP The Hague, The Netherlands

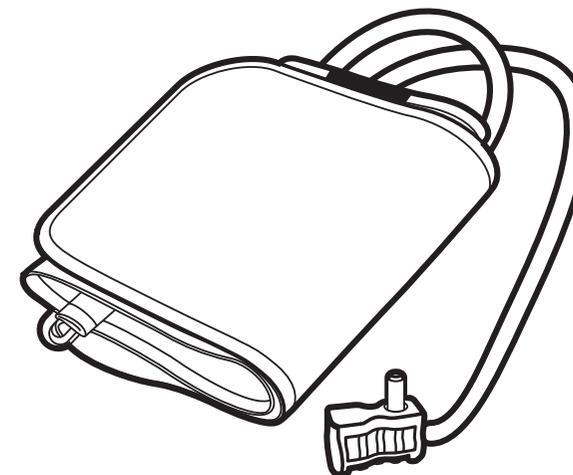
Made in China



# CITIZEN

## INSTRUCTION MANUAL FOR Large Cuff

**Large Cuff** fits arm circumference: 32–42 cm (12-1/2"–16-1/2")



This Large Cuff is applicable **ONLY** to

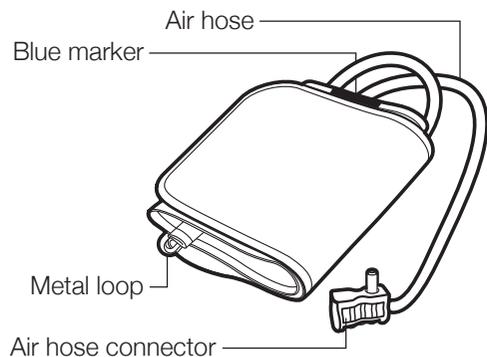
CITIZEN Digital Blood Pressure Monitor

**CH-452/CH-453/CH-456/CHU503/CHU306/CHUG330**

**2101**

Date of issue 2021-04-01

# IDENTIFICATION OF PARTS



\*Adjust the position of the cuff so that the blue marker is located in the center of your arm.

## Warning

1. Do not attach the cuff on the arm while on an intravenous drip or blood transfusion.
2. Do not share the cuff with other infective person to avoid cross-infection.
3. The air hose of the cuff may cause accidental strangulation in infants.

## Caution

1. Please make sure the applicable model before use.
2. Please refer to instruction manual for CITIZEN digital blood pressure monitor before use.
3. Do not bend the cuff or the air hose excessively.
4. Do not wash or get wet the cuff as well as avoid to get water into the air hose.
5. Do not store the product in locations exposed to direct sunlight, high temperatures, low temperatures, high relative humidity or excessive amounts of dust.
6. Do not attempt to disassemble, repair or modify the cuff.
7. If you find any serious incident that has occurred in relation to the device, please report to the manufacturer and the competent authority of the Member State.

## Cleaning

1. Do not clean the cuff with alcohol, thinners or benzene, as this could damage it.
2. In case the cuff gets dirty, wipe off the dirt with cloth moistened with a neutral detergent, then wipe it with a dry cloth.

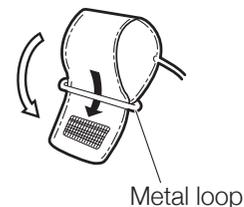
## DISPOSING

When disposing of the device and cuff, do so properly in accordance with the local rules and regulations for where you live.

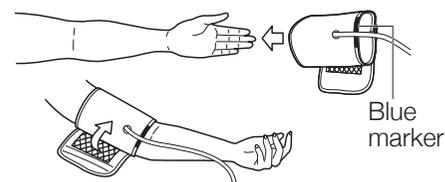
# ATTACH THE CUFF

**Large Cuff** fits arm circumference: 32–42 cm (12-1/2"–16-1/2")

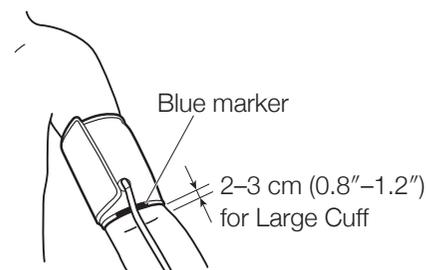
- 1 **Unroll the cuff and put the end of the cuff through the metal loop so that the side with the hook and loop fastener is on the outside.**



- 2 **Attach the cuff around your arm so that the blue marker comes to the palm side and center of your arm.**

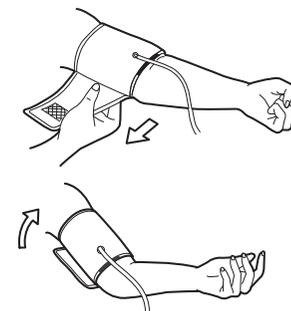


- 3 **Adjust the position where the hem of the cuff is 2–3 cm/0.8"–1.2" above your elbow.**

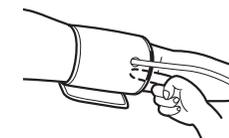


- \* The cuff should be put on the bare arm or over a light-weight underwear.
- \* If you wear a heavy-weight top, please remove it.

- 4 **Pull the end of the cuff outwards so that the cuff is snug around your arm and then secure it with the hook and loop fastener.**



\* Carefully place the cuff on your arm, taking care to use the correct tightness. The tightness is correct if you can readily slide a finger between the cuff and your arm.



- 5 **Place your arm on a table or similar surface with your forearm extended. Position your arm so that the cuff is at the same height as your heart. Place your hand so that your palm is facing upward and your fingers are relaxed.**

